

## ***Klamath County Partners for Change***

*Partners for Change is a unique collaboration of agencies, groups and individuals believing that a community of thriving children will become healthy contributing adults.*

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# **“Healthy Children, Healthy Community” Conference**

***March 14-15, 2007***

***Ross Ragland Theater***

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## ***WELCOME***

Welcome to the Klamath County “Healthy Children, Healthy Community” Conference! Funding for this conference comes from a grant through Jefferson Behavior Health, and the financial support of the Klamath County Commission on Children and Families, Klamath-Lake CARES, Community Corrections, Early Childhood Intervention, the Early Childhood Partnership and the Exchange Club of Klamath Falls.

Special thanks to the conference speakers who have given their time to make this an exciting, high quality and affordable experience. Also thanks to the ChildTrauma Academy graduates and many volunteers from the Early Childhood Partnership, Klamath Family Partnership, Child Abuse Prevention Committee, and the Klamath Youth Development Corporation Day Treatment Youth who have joined forces with Partners for Change to organize and execute this conference.

## ***Partners for Change***

***Mission: Building a healthy community by focusing on children in partnership with families and community members and supporting the development of six core strengths: attachment, self-regulation, affiliation, attunement, tolerance and respect.***

**Vision:  
*Healthy Children, Healthy Community***

## *Meet Our Conference Key Note Speaker*



### ***Dr. David W. Willis, M.D. Director, NW Early Childhood Institute Portland, Oregon***

Dr. Willis is a Behavioral-Developmental Pediatrician and leader in Community Pediatrics and early childhood social-emotional development. Dr. Willis is challenging communities to build collaborations within systems that serve children and families that are centered upon the power of human relationships. Guided by neuroscience and developmental psychology, Dr. Willis believes that by focusing on positive relationships we impart prevention, promotion and healing to our youngest citizens in order to promote their healthy and sturdy development.

## *Introducing Our Six Core Strengths Presenters*

***Suzane Bailey, RN, LCSW:*** Suzane has worked with trauma issues for over twenty years. As a registered nurse she has worked with trauma in both the critical care and intensive care units. She is also a trainer from Dr. Perry's, Train the Trainer program. Some of her most privileged moments were sharing in healing "journeys" with her clients.

***Gabe Gomez, MS.*** Gabe has worked with children and their families for 26 years in the Klamath Basin, providing counseling, consultation and training. In his private practice, he provides mental health services to children, serving a broad spectrum of families; including birth, foster and adoptive families. He also provides training and technical assistance to mental health and child welfare professionals on family-centered practice and the effects of trauma. He serves as a consultant for the Child Welfare Policy and Practice Group, based in Montgomery Alabama, and as a Behavior Management Consultant and trainer for the Oregon Dept. of Human Services, Child Welfare Division.

***Jennifer Haake, RN, MPA.*** Jennifer is a Child Trauma Academy graduate; she is currently serving as the Quality Improvement Coordinator for Klamath County Mental Health. Jennifer has a special interest in early childhood and has been certified for over 15 years as an Infant Massage Therapist specializing in work with children experiencing disabilities. Currently she is an active in a number of local committees including the Early Childhood Partnership, the Klamath Family Partnership and the Screening/Learning Collaborative.

***Lois Haynes, LPC, NCC:*** Lois has over 20 years of experience as a mental health therapist, working with children, adolescents and their families. She is a licensed Professional Counselor in Oregon and has national certification. She participated in the Train the Trainer Program with Dr. Perry and has become increasingly interested in research into the teenage brain.

# *Plan Your Own Learning*

*Our workshops on the second day are presented in tracks.*

*On your registration form, please select both a first and second choice of the track you would like to attend.*

## **TRACK A – EFFECTS OF TRAUMA**

### **A-1 What's Trauma Got to Do With It?** – Suzane E. Bailey, RN, LCSW

This session will focus on the long term effects of trauma on the brain and will address some techniques that can help.

*Suzane has worked with trauma issues for over twenty years. As a registered nurse she has worked with trauma in both the critical care and intensive care units. She is also a trainer from Dr. Perry's Train the Trainer program*

### **A-2 The Effects of Trauma and Abuse on Children** – Cyndi Kallstrom

This training will address the impact of trauma and maltreatment to a child's developing brain.

Participants will learn about how the brain develops and the importance positive relationships play in a child's cognitive, emotional, behavioral, social and physical functioning.

*Cyndi has worked in child protective services for the Dept of Human Services for over 15 years. For the past 2 years she has been the Program Manager for Child Welfare in Klamath and Lake County.*

### **A-3 The Role of Court Appointed Special Advocates (CASA)** – Sandy Berger

For optimal brain organization, we want consistent, nurturing, predictable, and "enriched" experiences for the children of Klamath County. Children with a CASA volunteer have positive outcomes, including greater self-esteem and positive attitudes towards their future. This presentation will include information on how the SIX CORE STRENGTHS relate to the CASA program. Sandy will be joined by Esther, a local foster child in Klamath County. This presentation will also include an inspirational video about "EVERYDAY HEROES." You too can be, "a powerful voice in a child's life".

*Sandy is the Director of CASA, for the children in Klamath County, training volunteers to advocate for foster children. As a graduate of the Child Trauma Academy's, Train the Trainer program and previous coordinator for the Klamath County MODEL JUVENILE COURT IMPROVEMENT PROJECT, Sandy has partnered with the courts and many agencies to improve the outcomes for children in our community.*

## **TRACK B – ALIKE IN OUR DIFFERENCES**

### **B-1 The Cultural Continuum in a Healthy Community** -- Lynn J. Schonchin, Sr.

This session will look at the differences between traditional Native American child rearing as it compares to today's dominant cultural values. These differences are explored and methods will be discussed on ways to integrate the two different, and important, cultural experiences. How are we "ALIKE IN OUR DIFFERENCES?"

*Lynn is a retired school teacher and school counselor and is an active member and a former leader of The Klamath Tribes.*

### **B-2 The Strengths of Hispanic Child Rearing** – Leslie Maxfield and Balbina Vargas

Join us as we examine the similarities and differences in child rearing practices comparing traditional Hispanic parenting to today's dominant cultural values. The session will also address some of the barriers the Hispanic families face to be successful in the Anglo community.

*Leslie is the County Director of the OCDC Migrant Head Start of Klamath County. She has over 25 years of Early Childhood Education experience and has three of her own children. Balbina is currently a Family Service Worker, also with the OCDC, Migrant Head Start program. She has been with this agency for the past 12 years, in various positions and has 4 children.*

### **B-3 Understanding the Culture of Poverty** --Donna Bowman

This workshop will provide some insight into understanding the culture of generational poverty. It will help identify the hidden rules of class and will address such issues as how poverty has an impact on learning, work habits, decision making and why some children in poverty may not be able to reach their intellectual or educational potential.

*Donna is a child advocate, working with abused and neglected children for the past nine years in Klamath County. She is currently the Program Manager for the Klamath/Lake Community Action Services Program, (KLCAS) whose goal is to seek and distribute resources, as well as provide services that promote self-sufficiency and help alleviate the causes and conditions of poverty.*

## **TRACK C – CHILDREN & YOUTH**

**C-1 Key Concepts of Brain Development in Early Childhood** – Jolene Patrick and Sherri Bean Doctors, scientists, and research centers world-wide are now proving what early-childhood educators have known for years; positive early childhood experiences provide the foundation for healthy brain development. Join us as we explore the wonders that are unique to early childhood. Take home original songs, poems and activities based on the key concepts of brain development to share with the little people you care about.

*Jolene has been involved in Elementary Education for 20 years. In 1993, she started the Parent Resource Center (PRC), a unique library of educational games and materials that is free to the entire community. The PRC has been recognized both state-wide and nationally for the services it provides for families to help them help their children. Jolene is a ChildTrauma Academy Graduate and is a certified Early Childhood Education Trainer through Portland State University.*

*Sherri is the director of the Klamath County Commission on Children and Families and serves on a variety of community boards and task forces, including facilitating both Partners for Change and the Child Trauma Academy, and Train the Trainers program. Certified as a PSU Early Childhood trainer, over the last 30 years, Sherri has been involved in community mobilization and program design through her work with a number of non-profit groups and government agencies that serve children and youth, ages 0-18 and their families.*

**C-2 “Navigating and Surviving the Twilight Zone of the Teen Brain”** – Lois Haynes, LPC, NCC.

This session will give an overview of early childhood development including Dr. Perry’s findings; current research about how the teenage brain is developing; implications of the findings for teens, families, educators, courts and the community.

*Lois has over 20 years of experience as a mental health therapist, working with children, adolescents and their families. She is a licensed Professional Counselor in Oregon and has national certification. She participated in the Train the Trainer Program with Dr. Perry and has become increasingly interested in research into the teenage brain.*

**C-3 Classroom Behavioral Supports** – Teri Glen, LCSW. and Cheryl Olguin-McLean, MA, NCC, LPC.

These joint presenters will share behavioral interventions and strategies for the classroom based on Dr. Perry’s “Six Core Strengths.” Strategies will also reflect current philosophies of positive approaches.

*Teri Glenn is currently a family therapist with Klamath Youth Development Center. She has worked in mental health and the public sector for many years. Teri holds a Masters Degree in Social Work and has worked in both California and Oregon. She is a licensed clinical Social Worker in Oregon.*

*Cheryl Olguin-McClean is currently a Child Development Specialist with Klamath Falls City Schools and has worked in mental health for over 20 years. Cheryl holds a Masters Degree in counseling and Educational Psychology and has been a school counselor and private practitioner in Oregon and Nevada. She is also a Licensed Professional Counselor in Oregon and holds national certification as well.*

## TRACK D – ADULTS IN RECOVERY

### **D-1 Understanding Drug Abuse & Addiction: What Science Says** - Jerald Forman

Examine the risk and protective factors of addiction and addiction treatments. Learn about neuro-transmission, the brain's response to drugs and the brain's reward pathway.

*Jerald Forman is a certified Chemically Dependency Counselor who is currently working at the Consortium, a drug and alcohol program for Community Corrections clients.*

### **D-2 Re-Parenting; Learning to Parent our Children and Ourselves** – Sandra Garver

*Sandra Garver is a Child and Family Therapist at the Klamath Youth Development Center and has specialized in trauma and recovery work for 9 years. She has facilitated educational groups for parents, foster parents, grandparents and relatives of children and adults that have experienced abuse and periods of separation.*

### **D-3 Corrections Offenders as Parents** – Roland Gangstee

This workshop will address the challenges facing children being parented by corrections offenders as well as the challenges facing parents who were parented by corrections offenders.

*Roland has spent 38 years in the human service field providing youth and family counseling, juvenile substance abuse treatment, adolescent sex offender treatment and as case management. Roland has had 20 years experience in adult parole and probation management and has served as a past President of the Jackson County Child Abuse Task Force. He is the founding board member of Deschutes County CASA program, past executive member of the Oregon Assoc. of Community Corrections Directors, and member of the American Parole and Probation Association.*

## TRACK E – THE GIFT OF HOPE

### **E-1 Resiliency: What is it? How to get it.** – Stan Gilbert

This session will focus on the latest research regarding resiliency and how it relates to childhood development and behavioral health. Methods for promoting resiliency in children and adolescents will be explored.

*Stan is the Executive Director of the Klamath Youth Development Center, a child and family mental health clinic in Klamath Falls. He has been a licensed mental health professional specializing in children and families for over 25 years. He has also served on a number of local, regional, state and national children's advisory committees.*

### **E-2 At Home, School and in the Community: Character Counts and Mentoring Matters**

– Debbie Vought

This workshop will provide an overview of the Citizen's for Safe Schools' positive youth development strategy and how its major project's utilize a strength-based approach to violence and substance abuse prevention. Specifically, mentoring and character building will be analyzed as best practices in the field of prevention. Clips from the recent video productions on which CFSS has worked, surveys of character education programs in local schools and time for questions/answers will also be part of this workshop.

*Debbie is the co-founder and Executive Director of the District Attorney's Citizens for Safe Schools. Founded in 1999, the organization has launched two successful violence and substance abuse prevention strategies, the CHARACTER COUNTS in Klamath County Campaign and the Kids in the Middle, a mentoring program for "at-promise" youth. Debbie has extensive professional development in the fields of mentoring and community development. She has been a consultant and curriculum writer for film documentaries in the field and was named by the Klamath County Chamber of Commerce as 2002's "FIRST CITIZEN."*

### **E-3 Family Centered Practice, The Child and Family Team** – Steve Johnson

Join Steve for a brief overview of the Child and Family Team Model. This training will also cover the history, philosophy and structure of the Child and Family Team as well as how community partners can help the child and family succeed in treatment.

*Steve received a MA in Antioch New England's, Marriage and Family Therapy Program. He has been a therapist for 7 years and is currently the Child and Family Program Manager with Klamath County Mental Health. Steve has also facilitated 1-2 day conferences throughout the region on Child and Family Teams, as well as many seminars dealing with current relationship issues.*

## **TRACK F – ABUSE PREVENTION**

### **F-1 Kids and the Internet: What We Can Do to Keep Them Safe** – Dave Groff

How do we help keep our children safe in the age of e-mail, instant messaging, live-streaming video and MySpace? This presentation will outline some safety strategies for kids who use the internet, as well as for adults seeking to ensure a child's safety. *\*\*Please note that this session may include some disturbing and explicit content in order to document the nature of current threats to child safety on the internet.*

*Dave joined the Klamath County District Attorney's office in 1993, and now serves as Chief Deputy DA, and as chair of the Klamath County Child Abuse Multi-Disciplinary Team (MDT). He is a career prosecutor, and had handled every kind of case within the DA's office. He also serves as a special Assistant U.S. Attorney, and prosecutes cases in Federal Court. Dave has instructed at Klamath Community College in the Criminal Justice Dept., since 1997.*

### **F-2 What Perpetrators Have Told Us**– Gia Seutter, Michelle Davis

In this session you will learn some of the things perpetrators have told us about keeping our children safe.

*Gia is a forensic child interviewer for Klamath Lake CARES, a child abuse response and evaluation service. Having earned her BA in psychology, Gia is currently pursuing a Masters of Social Work at PSU. Michelle has been with CARES for three years and is currently a child and family advocate.*

### **F-3 METH and Kids** – Dr. Janey Purvis

This presentation will focus on the current knowledge of the effects of exposure to methamphetamine manufacture and caregiver use on children found in these environments. Emphasis will be placed on the association of abuse and neglect, as well as current management issues.

*Dr. Purvis is a medical examiner at Klamath-Lake CARES and the KIDS Center and she has been evaluating children for possible child abuse for over 10 years. She teaches Family Medicine residents, and is currently testing a curriculum on Child Abuse and Neglect in Family Medicine education. Dr. Purvis has been involved in state programs for training in Child Abuse and Neglect, and is currently a member of the Attorney General's Sexual Assault Task Force.*

## **TRACK G – SELF-CARE FOR THE CAREGIVER**

### **G- Session 1 – Self-Care for the Caregiver Session 2 - Identifying Personal Stressors and Coping Strategies for Dealing with Stress Session 3 - Creating an Environment that Develops Potential** – Lynn Jansky, OTR/L

If the caregiver does not survive, what will happen to the children? This 3 track session examines the impact of stress on the caregiver and facilitates lifestyle redesign to promote healthy environments for children and their caregivers. Each workshop is an interactive session with 30 minutes of instruction and case study examples. The remainder of each group session will focus on individual problem solving and application. Enrollment for this track is limited to 10 people. Appropriate for parents, foster parents, grandparents and daycare providers.

*Lynn is a Bachelor of Science Occupational Therapist and Certified Trainer of the Child Trauma Academy. Her current training includes Neuroscience Behind the Art of Intervention and Neurobiological Outcomes in Occupational Therapy. She has worked nationally and internationally with physically and cognitively impaired*

children. Lynn currently works with adults with brain injury, stroke, Alzheimer's, dementia, cognitive impairment, and/or physical handicap for Merle West Medical Center's, Home Health Care.

## **Continuing Education Credits and Certificates of Attendance**

We are working with the Oregon Institute of Technology to provide CEUs for those of you who are interested. If CEUs are made available, a table will be set up in the Ross Ragland foyer and the information will be made available there. All conference participants will receive a Certificate of Attendance as part of their conference packet.

## **Meals**

Lunch and light refreshments will be provided each day as part of your registration fee.

## **Parking**

Parking will be available across from the Ross Ragland Theater, the parking lot behind the First Baptist Church and in the parking lots to the side and back of Sacred Heart Church. Check the enclosed map for parking lot locations. Parking on the street in restricted zones is available only with a parking pass which may be obtained from one of our volunteer parking attendants who will be located at the entrances of the approved parking lots. Carpooling is advisable.

## **Lodging**

The following information is provided as a courtesy. Participants must make their own arrangements.

Quality Inn  
100 Main St  
Klamath Falls, OR 97601  
Phone: 541-882-4666  
Fax 541-883-8795

Register under: The Commission on Children & Families Conference Group # 1602 for the preferred rate of \$42.00 per night (plus tax). Fifty rooms have been set aside for this conference rate. You must register on or before March 13, 2007 to receive the preferred rate.

This hotel is just a few blocks from the conference and has an excellent Chinese Restaurant, The Dynasty, located next door.

## **Child Care**

Childcare will NOT be provided for this conference.  
If you need help in finding your own child care,  
please call Child Care Resource and Referral at 541-880-2203

# Conference Agenda

## Day 1-Wednesday, March 14

**Official Conference Opening**  
**Arrive early for best seats.**

### Time

### Day One

8:00 – 9:00 a.m.

#### **Registration**

Pick-up your registration packet in the Ross Ragland Lobby  
Informational Displays  
Coffee and Tea in the Cultural Center

9:00 – 10:30 a.m.

**Keynote Speaker** – Dr. David W. Willis, M.D.  
*“Relational Health and the Future of Our Youth.”*

10:30 – 10:50 p.m.

**BREAK**– Refreshments in Cultural Center and Ross Ragland Lobby

10:50 – 12:50 p.m.

#### **Introducing the SIX CORE STRENGTHS for Healthy Development**

10:50 Overview – Jennifer Haake  
11:05 Attachment – Gabe Gomez  
11:55 Self-Regulation – Lois Haynes  
12:20 Attunement – Suzane Bailey  
12:40 QUESTIONS

12:50 – 1:30 p.m.

**LUNCH** at Cultural Center, American Legion, Sacred Heart, and First Baptist Churches  
-Informational Booths Open

1:30-3:30 p.m.

#### **SIX CORE STRENGTHS con't.**

1:30 Affiliation – Jennifer Haake  
1:50 Tolerance – Lois Haynes  
2:10 Respect – Suzane Bailey  
2:30 The Arousal Continuum – Gabe Gomez  
3:15 QUESTIONS

3:30-4:00 p.m.

**Overview** for Thursday, March 15<sup>th</sup>

**EVALUATIONS** – Klamath County Commissioner John Elliott

# Conference Agenda

## Day 2-Thursday, March 15

*No morning session at Ross Ragland, Please check your conference packet for the location of your designated track and its locations. Lunch and light refreshments will be served at your track location.*

| <b>Time</b>  | <b>Day two</b>   |
|--|--|
| 8:30-10:00 a.m.  | <b>Session One</b> – All Tracks<br>-Coffee, Tea and Refreshments provided at all locations   |
| 10:00-10:20 a.m.   | <b>BREAK</b><br>-Coffee, Tea and Refreshments provided at all locations  |
| 10:20-11:50 a.m.   | <b>Session Two</b> – All Tracks  |
| 11:50-12:50 p.m.   | <b>LUNCH</b> provided at all locations<br>-Informational Booths Open   |
| 12:50-1:50 p.m.  | <b>Session Three</b> – All Tracks  |
| 1:50-2:20 p.m.   | <b>BREAK</b>   |
| 2:20-3:45 p.m.   | <b>Our Role in Creating “Healthy Children &amp; A Healthy Community”</b><br>PANEL DISCUSSION AT ROSS RAGLAND<br>-Facilitated by John Elliott, Klamath County Commissioner  |
| <p><i>Medical Community</i></p> <p><i>Faith Community</i></p><br><p><i>Law Enforcement</i></p> <p><i>Education</i></p> <p><i>Mental Health</i></p><br><p><i>Public Health</i></p> <p><i>Dept. of Human Services</i></p> <p><i>Courts</i></p> <p><i>Klamath Crisis Center</i></p> | <p><i>Janey Purvis, MD., CARES, Cascades East Medicine Program</i></p> <p><i>Joyce Berry, Director, Gospel Mission Women &amp; Children’s Program</i></p><br><p><i>Lt. Mark McDaniel, Klamath Falls City Police</i></p> <p><i>Cec Amuchastegui, Superintendent of Klamath City Schools</i></p> <p><i>Ann Lynn, Director of Klamath County Mental Health Dept. and Stan Gilbert, Director of Klamath Youth Development Center</i></p><br><p><i>Marti Baird, FNP, Clinic Consultant</i></p> <p><i>Denise Rhode, District Manager of Klamath and Lake County</i></p> <p><i>Ed Caleb, Klamath County District Attorney</i></p> <p><i>Rebecca Pardon, Sexual Abuse Prevention Partnership Coordinator</i></p> |
| 3:45- 4:00 p.m.  | <b>CONFERENCE EVALUATIONS</b>  |

# Registration Form

Registration Deadline: March 9, 2007

## Participant's Information.

A registration form is necessary for each participant. Copies are welcome.

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_  
(Print)

E-MAIL ADDRESS \_\_\_\_\_ AGENCY \_\_\_\_\_

MAILING ADDRESS, CITY, STATE, ZIP \_\_\_\_\_

DAY PHONE (\_\_\_\_\_) \_\_\_\_\_ EXTENSION \_\_\_\_\_

## Track Choices

Please choose both your 1<sup>st</sup> and 2<sup>nd</sup> choice of the track you want to attend.

1<sup>st</sup> Choice Track: \_\_\_\_\_ 2<sup>nd</sup> Choice Track: \_\_\_\_\_

## Registration Fees:

|  |              |          |
|--|--------------|----------|
| <input type="checkbox"/> Registration Fee for Klamath County residents | \$35.00      | \$ _____ |
| <input type="checkbox"/> Registration Fee for Out of County residents: | \$45.00      | \$ _____ |
| <input type="checkbox"/> License Plate Frame                           | \$15.00 each | \$ _____ |

Add your support to our campaign for "Healthy, Children, Healthy Community in Klamath County" by purchasing a license plate frame that carries our message. These frames are made from high impact plastic and are navy blue with white lettering. All proceeds from the frames will go to Partners for Change and will be used locally to support our efforts to reduce child maltreatment in Klamath County.

Total Fees \$ \_\_\_\_\_

Please make your check or purchase order out to:  
Klamath County Commission on Children and Families.

## Registration Information:

- ✓ The registration deadline is **March 9, 2007**. The conference is expected to fill quickly; therefore, we encourage you to register early. If the conference is full, you will be notified.
- ✓ Registration includes boxed lunches and snacks.
- ✓ Requests for refunds cannot be honored. **No confirmation notice will be sent.**
- ✓ Direct inquiries to: Kristy Alves: [kalves@co.klamath.or.us](mailto:kalves@co.klamath.or.us) or call 541-883-5117 x 3484 M-F 8 a.m. to 5 p.m.
- ✓ Limited scholarships are available. Please call for information.

Please mail, fax or deliver this completed Form and your registration fee (or purchase order) to:

...Dead line for Registration is March 9<sup>th</sup>!

Klamath County Commission  
on Children & Families  
Mailing address: 305 Main Street  
Location of office: 403 Pine St. 3<sup>rd</sup> Floor  
Klamath Falls, OR 97601  
Fax: 541-885-3336



All parking spots are shown above outlined in red.

- 1) In front of the Ross Ragland Theater and in the back of the American Legion
- 2) Behind Sacred Heart Church and next to the Sacred Heart Rectory
- 3) In back of the 1<sup>st</sup> Baptist Church
- 4) Across the street from the parking lot in back of Sacred Heart Church.

If when you arrive all parking spaces are full, please ask one of the parking attendants for other parking alternatives.